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Malawi
SUN Focal Point**

Our president is the minister responsible for nutrition, HIV and AIDS, so it's easy for us to push the SUN Movement because of the political will in the country. The president believes strongly in nutrition because she has worked at grassroots level with women, and she knows about nutrition. We have talked with her about stunting, so she understands the dangers and the effect of poor nutrition, that it causes stunting and how it affects the productivity and the general development of an individual.

Since joining the SUN Movement, what progress has been made on Scaling Up Nutrition in Malawi?

We have different committees that are working on nutrition. For example, we have a technical working group that works on nutrition comprised of Malawians, the donor community and all the other stakeholders. We have developed messages that we will be giving out to individuals from grassroots level to high level, on the importance of good nutrition to mothers and children. We also talk a lot about good practices, like exclusive breastfeeding, that has been implemented in many hospitals and even community hospitals, and women follow that.

What will these efforts mean for the future of Malawi?

Good nutrition is very important for a person to grow up into a good, productive, intelligent individual. Obviously, if people are intelligent and they're productive, it means that they will be adding to the economic growth of the country. Because at work they will be more productive and even in school, the children who go to school, they are more productive. In terms of businesses or other activities, people are able to think properly, because they have had good nutrition, when they were in the womb, as well as when they are growing up and especially in the first two years of life.

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