



# 22<sup>ND</sup> SUN MOVEMENT COUNTRY NETWORK MEETING 25-29 JANUARY 2016



## COUNTRY PRESENTATION NEPAL



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# OUTLINE

- Background
- National Nutrition Targets
- Nepal's Current Status against Global Targets
- National MSNF
- Nutrition Program from critical sectors
  - Health
  - Agriculture
  - WASH
  - Education
  - MoFALD
- Challenges and Way Forward

# BACKGROUND

- High Levels of malnutrition:
  - 37% stunting, 30% underweight, 11% wasting among children under 5 years of age
  - High levels of anemia among women and children
  - increasing rates of overweight among women of reproductive age as well as children
- Commitment from government, and development partners towards addressing malnutrition, **LDC Graduation**
- Multisector Nutrition Plan (2013-2017), instrumental to increase resources/projects/programs for Nutrition through both specific as well as sensitive sectors

# NEPAL'S CURRENT STATUS VS WHA GLOBAL NUTRITION TARGETS

The national nutrition targets in line with WHA nutrition targets are **NOT** yet set

WHA 2025 Global Targets	Status (Base year 2011)	WHA Target for Nepal's (Not Yet Adopted)	MSNP National Nutrition Targets (2017)	Nepal's Status as of 2014
40% reduction in the number of children under-5 who are stunted	41%	25%	<29%	37%
50% reduction of anemia in women	35%	18%	to reduce (%NA)	35%
30% reduction in low birth weight	12%	8%	to reduce (%NA)	24%
Ensure that there is no increase in childhood overweight	1.40%	<1.4%	NA	2%
Increase the rate of exclusive breastfeeding	70%	>50%	> 80% by 2020	57%
Reduce and maintain childhood wasting to <5%	11%	5%	<5	11%

# NATIONAL MULTI-SECTOR NUTRITION FRAMEWORK

## National Planning Commission

Multi-sector resources, Nutritional information management, Nutrition capacity Enhancing

### Ministry of Health and Population

Maternal and Young Child micronutrient and feeding, SAM, Diarrhoea Treatment

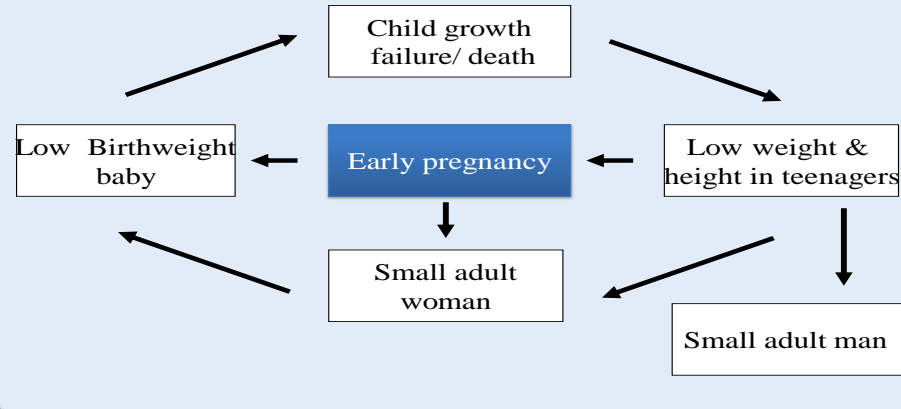
### Ministry of Education

Nutrition in formal/informal curriculums, Improved awareness, Life-skills and improved meals to Adolescent, increased school completion rates for girls, parenting education

### Ministry of Urban Development

Sanitation facilities, hand wash, treated drinking water

### The intergenerational transmission of growth failure: When to intervene in the life cycle



### Ministry of Federal Affairs and Local Development

Prioritizing nutrition in annual and periodic plans, Linking social protection and nutrition, Improved coordination and resource mobilization for nutrition

### Ministry of Agriculture Development

Availability of animal foods, income generation, consumption of animal source foods and Reduced workload of women

### Ministry of Women & Children

Nutrition Awareness, Women empowerment, Mobilization of Women Group, Saving Credit Groups for Nutrition, Participation in Local Level Planning

# NATIONAL NUTRITION PROGRAMS ON MIYCN FROM HEALTH SECTOR

## Nationwide

1. **Growth Monitoring, Promotion and Counseling**
2. **Prevention and control of Iron Deficiency Anemia (IDA):** Iron distribution to pregnant and lactating mothers and adolescents
3. **Prevention, Control and Treatment of Vitamin A deficiency (VAD):** Vit A distribution to U5 yrs children, postpartum mothers, and for treatment
4. **Prevention of Iodine Deficiency Disorders (IDD):** Iodized salt promotion, social marketing
5. **Control of Parasitic Infestation by deworming:** Albendazole distribution to U5 yrs children, postpartum mothers, and for treatment
6. **Flour fortification via large roller mills- via 18 roller mills on nationwide**

## At small scale

1. **Maternal and Child Health Nutrition (MCHN) Program–6 districts**

## At scale up

1. **Infant and Young Child Feeding (IYCF): 60 Districts**
  1. GoN-UNICEF: Integrated IYCF and Baal-vita Community Promotion Program (IYCF-MNP): 15 districts
  2. GoN-UNICEF: IYCF integrated with Child Cash Grant (5 districts of Karnali)
  3. SUAAHARA: Essential Nutrition/Hygiene Actions (41 districts)
  4. GoN-FAO: Agriculture & Food Security Project: 19 districts
  5. Save the Children: 5 districts
2. **Integrated Management of Acute Malnutrition (IMAM): 11 districts**
3. **School Health and Nutrition Program: 54 districts**
4. **Vitamin A Supplementation to address the low coverage in 6-11 months children: 18 districts**
5. **Activities via Multi-sectoral Nutrition Plan (MSNP): 16 Districts**

## HEALTH SECTOR SHIFTING FROM IYCF TO MIYCN: FOR IMPROVING MIYCN SITUATION

Ministry of Health has developed the

- Infant and Young Child Strategy 2014,
- Maternal Nutrition Strategy 2013
- Joint MIYCN Action Plan 2015 to include maternal components
- The Multi-sector Communication and Advocacy Strategy
- MIYCN Communication Action Plan are endorsed and
- Golden 1000 Day Campaign on Nutrition will soon be launched



# STRATEGIES TO IMPROVE MIYCN

PREGNANCY



DELIVERY



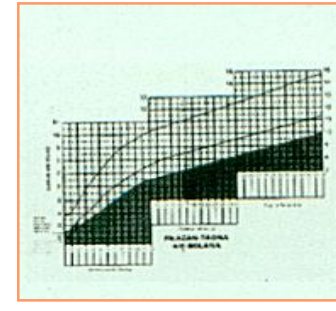
POSTNATAL & FP



IMMUNIZATION



GMP



SICK CHILD



Community/  
Family

Clinical Services

Outreach  
Strategy

Continuum of Care



# THE MULTI-SECTOR APPROACH TO IMPROVE MIYCN

EDUCATION

WASH

AGRICULTURE

SOCIAL PROTECTION

GOVERNANCE CFLG

DIFFICULT SITUATIONS



**Advocacy,  
Communication &  
Social Mobilization**

**Research,  
Monitoring &  
Evaluation**

**Capacity Building &  
Community-based  
Interventions**

**Multi-sector Nutrition Coordination Platforms**

# ON-GOING EFFORTS IN THE AGRICULTURE SECTOR

- ❑ **Agricultural Development Strategy (ADS)  
Launched**
- ❑ **Food and Nutrition Security Plan (2015-2022) as  
a part of ADS**
- ❑ **AFSP Nepal Agriculture and Food Security  
Project (58 Million US\$: 19 districts, 2014-2018)**
- ❑ **Zero Hunger Challenge 2014**



## **ON-GOING EFFORTS IN THE WASH SECTOR**

- **Hygiene and Sanitation Master Plan 2012-2021: All Districts**
- **National Hand Washing Program 2012-2017 in all districts**
- **Open Defecation Free Declaration by 2017 in all districts (28 districts ODF till 2015)**
- **School Led/Community Led Total Sanitation/School WASH in all districts**
- **Safe Drinking Water Programs**
- **Sanitation Marketing**
- **WASH in emergency**

## **ON-GOING EFFORTS IN THE EDUCATION SECTOR**

- **School Health and Nutrition Program (in all districts; currently 54)**
- **Mid Day Meal Program**
- **School Deworming**
- **Parenting Education with nutrition contents**
- **Nutrition in Formal and Non Formal Education**
- **Life skills to Adolescent Girls**

# ON-GOING EFFORTS IN THE MINISTRY OF FEDERAL AFFAIRS AND LOCAL DEVELOPMENT

## 1. Golden 1000 days Project (5 yrs) (42 Million US\$)

- Funded by World Bank, Implemented by Ministry of Federal Affairs and Local Development
- Intervention-1<sup>st</sup> 1000 days of life----pregnancy + 2 years of child's life
- Duration- 5 years, Target- 15 districts by 2017

## 2. Child Cash Grant in Karnali: NRs 200/Child for up to two children in 5 Karnali districts and for all Dalit children nationwide

## 3. Child Friendly Local Governance (nationwide)

## 4. Block Grant at VDCs for Nutrition and Agriculture (nationwide)

## OTHER ON-GOING EFFORTS

### 1. Feed The Future- KISAN (25 Million US\$)

Targeting 160K farmer households (1m people) , Improved Agricultural Productivity; Improved Nutrition & Hygiene Education & Service Delivery; Entrepreneurial, Literacy & Numeracy (local); and Monitoring & Evaluation. (Funded by USAID )

### 2. Suaahara (Integrated Nutrition Package) (46+ Million USD)

Integrated nutrition initiative, working in 20 most vulnerable districts; funded by USAID/Nepal for the period of Aug 2011- Sept 2016.

### 3. Food for Peace (72 Million US\$) (SABAL and PAHAL)

In 19 districts, USAID funded, nutrition and agriculture and livelihood support started in 2015

### 4. EU-UNICEF-GoN MSNP Support (Poshan ka lagi Hatemalo) (28 Million Euro)

To scale up MSNP in at least 28 districts with all sets of interventions so as to fulfil the gaps of interventions in all key nutrition specific and sensitive sectors for 4 years 2016-2019

## UPCOMING

### 1. Suaahara II (Integrated Nutrition Package) (71+ Million USD)

Integrated nutrition initiative, working in 40 districts; funded by USAID/Nepal for the period of Aug 2016- Sept 2020.

# Challenges and Way Forward for MSNP

## Challenges:

1. Coordination among ministries and development partners while planning, implementation, effective coverage (package of interventions, VDCs and districts)
2. Mainstreaming of MSNP plans/activities in the annual, periodic plans of the VDCs, districts as well as line ministries and development partners
3. Limited Capacity on Nutrition among sectors at central and local levels

## Way Forward:

1. Integrate Nutrition in the annual and periodic plan of VDCs, Districts and Line Ministries as well as in relevant sector policies
2. Effective implementation of MSNP M& E and effective monitoring
3. Capacity Development for each sector in Nutrition
4. Scale up of the complete package of MSNP





**THANK  
YOU**

