

One Thousand Precious Days

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*One Thousand Precious Days
Precious for families
Precious for communities
Precious for the nation*

*We care about preventing and eliminating
malnutrition
Because of its contribution
To improve the health of our population
And the development of our nation*

*We can move forward
In the path of prosperity
Maintaining our dignity
Growing enough food
Feeding our people*

*Making food available and affordable
Healthy and nutritious
Complete with vegetables, proteins and
vitamins
Is our long-term mission*

*For families to have enough and balanced meals
Let us keep increasing agricultural production
And link food security with nutrition
interventions*

*This is possible in Rwanda
Where, eliminating malnutrition is high on the
national agenda
And the value of the 1000 precious days is sure
to become a mantra
In schools, households and villages
Across the magnificent 1000 hills*

*During the 1000 precious days of a child's life
As a foetus and until two years after birth
Proper nutrition and preventing infection
Are critical for balanced growth*

*Taking care of a mother during pregnancy
Needs to be given the at most priority
Along with breast and complementary feeding
For the young child to grow
For their future to glow
We value the 1000 precious days*

*In the fight against malnutrition
We need to look at the big picture
Across all development actors
In every district and sector
In every village and in each household
Of integration, synergy and impact
For the betterment of the infant
By making the 1000 precious days significant*

*For each child to be a leader tomorrow
It needs the opportunity to grow
Through proper education and health
Following the right path*

*Hence, appropriately feeding a child
Taking care of motherhood
Preventing infection
Giving proper care and attention
When life begins and flourishes
During the 1000 precious days*

*Wining the fight against malnutrition
Is right and just
To achieving our growth and development
ambition
We must, therefore, do what we can
As individuals and as a nation
Making nutrition the priority of priorities
In policy, strategy and planning
Remembering the 1000 precious days*

*With the coordinated services and efforts of all
actors
At national, district and village levels
And the active participation of communities and
families
We can prevent stunting, underweight and
wasting*

*Looking back the path that we have travelled
How we have worked hard to succeed
To be where we are today
Building a better future for children and
mothers
The pillars that sustain our progress*

*Working hard to keep our population healthy
To propel our vision and long journey
We will continue to make nutrition
Our growth and development fountain*

*To eliminate malnutrition in our country
To assure every child develops and grows
properly
By benefiting from the national multi-sector
strategy
We will glorify life during the 1,000 precious
days
In our beautiful country of a 1000 hills*