

COUNTRY DASHBOARD

Lesotho



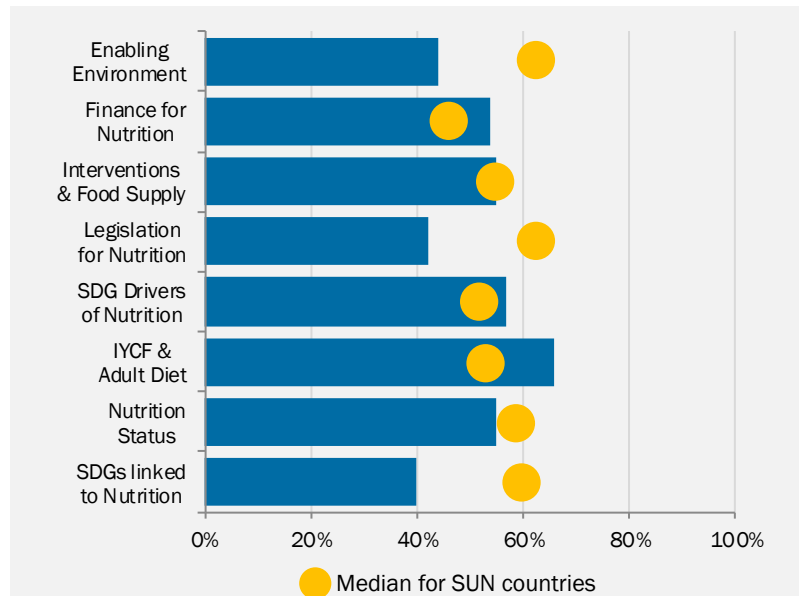
LESOTHO

The Country Dashboard provides an overview on the progress using a standard set of indicators that cover different dimensions of the SUN Movement Theory of Change, from commitments to actions to results to impacts.

Data for Lesotho are available for 68/79 (86%) indicators mostly covering the timeframe 2009-2016. Based on the data, Lesotho is progressing with strong performance in the underlying drivers of nutrition and uptake of infant feeding and dietary intake behaviours. However, more could be done for the enabling environment (especially the networks), enacting legislation (specifically the BMS Code, Right to Food and restrictions on marketing of food/beverages to children), and addressing the high prevalence of the double burden of malnutrition among children and overweight/obesity, diabetes and hypertension among women.











This dashboard can be adapted for use at sub-national level and complemented with additional indicators based on data availability. The selected indicators are aligned with globally agreed frameworks for nutrition and with the SDGs indicators

LESOTHO: RELATIVE SCORE FOR EACH DOMAIN












Enabling Environment

INDICATOR	SCORE	YEAR	SUN COUNTRY MEDIAN
1.1 Existence of a Multi-Stakeholder Platform (MSP)	 Yes	2016	56/60
1.2 Number of networks (UN, business, donor, civil society)	 1	2016	3
A) UN Network Functionality Index	 4	2016	4
B) SUN Business Network Functionality Index	 0	2016	0
C) SUN Civil Society Network Functionality Index	 0	2016	3
1.3 SUN Movement Processes Score	 5%	2015	52%
1.4 WHA Targets in Nutrition Plans	No data		2
1.5 NCD Targets in Nutrition Plans	No data		0
1.6 Information Systems for Nutrition Index	 15	2016	21
1.7 Integration of Undernutrition in National Development Policies	 Rank 24	2015	42
1.8 Integration of Overnutrition in National Development Policies	 Rank 60	2015	90
1.9 Mobilization of High-level Advocates	 None	2016	1-2



Finance for Nutrition

INDICATOR	SCORE	YEAR	SUN COUNTRY MEDIAN
2.1 National budget spending for nutrition			
A) Budget Analysis Completeness	 4	2014	3
B) Budget spending per Child U5 for Nutrition Specific spending	 \$4.00	2014	\$1.73
C) Percentage budgeted for Nutrition Specific spending	 4.6%	2014	1.6%
2.2 Donor funding for nutrition (basic nutrition code in CRS/DAC)			
A) Donor \$ per Stunted Child U5 for Nutrition	 \$0.68	2015	\$7.81
B) Donor \$ per Child U5 for High-impact Nutrition	 \$0.08	2015	\$0.58
C) Donor percentage for Nutrition Specific spending	 61%	2015	46%
2.3 Agriculture Orientation Index	 0.42	2009	0.21



Interventions and Food Supply

	INDICATOR		SCORE	YEAR	SUN COUNTRY MEDIAN
3.1	Baby-Friendly Hospital Initiative–certified Health Facilities		0%	2016	3%
3.2	Severe Acute Malnutrition Treatment		No data		30%
3.3	Vitamin A Supplementation (children 6-59 mos)		No data		78%
3.4	Antenatal Iron Supplementation (90+ tablets)		51%	2014	29%
3.5	Health Worker Density (per 1000 population)		0.64	2003	0.99
3.6	Iodized Salt Availability		85%	2014	80%
3.7	ORS and zinc treatment for U5 diarrhea		No data		6%
3.8	Deworming treatment (children 12–59 mos)		22%	2014	42%
3.9	Insecticide treated net use (children 0–5 yrs)		No data		43%
3.10	Vaccines (DTP3 in 1 yr olds)		93%	2016	86%
3.11	Family Planning Met Needs		76%	2014	47%
3.12	Non-staple Foods Availability (% of calories)		21%	2012	39%
3.13	Fruits & Vegetables Availability (grams per capita)		128	2013	276 g
3.14	Fortification Status of Food Vehicles		Improve salt, build others	2016	N/A
3.15	Social Protection Programme coverage		52%	2014	14%















Enacted Legislations

	INDICATOR		SCORE	YEAR	SUN COUNTRY MEDIAN
4.1	International Code of Marketing of Breastmilk Substitutes – level of implementation		No	2016	N/A
4.2	Maternity Protection Legislation		Partial	2011	N/A
4.3	Right to Food		Medium low	2003	N/A
4.4	Restrictions on Marketing of Food/Beverages to Children		Not achieved	2016	N/A
4.5	Mandatory Food Fortification		Salt	1999	2 food vehicles
4.6	Fortification standards		Salt	1999	2 food vehicles










SDG Drivers of Nutrition

	INDICATOR		SCORE	YEAR	SUN COUNTRY MEDIAN
5.1	Diarrhoea in children U5		15%	2014	18%
5.2	Access to a basic drinking water service		72%	2015	68%
5.3	Access to a basic sanitation service		44%	2015	37%
5.4	Malaria incidence (per 1000 population)		0	2015	101
5.5	Measles cases reported (children U5)		15	2016	124
5.6	Adolescent fertility (per 1000 women 15–19 years)		94	2014	91
5.7	New HIV infections (per 1000 uninfected population)		18.80	2015	0.5
5.8	Tuberculosis incidence (per 1000 population)		724	2016	183
5.9	Undernourishment prevalence		11%	2015	19%
5.10	Moderate/severe food insecurity		No data		49%
5.11	Early marriage (before age 18)		17%	2014	31%
5.12	Female secondary school enrollment		62%	2015	44%
5.13	Violent discipline among children 2–14 years		No data		82%
5.14	Growth in household income (shared prosperity premium)		No data		0.6%
5.15	Urban population living in slums		51%	2014	54%














IYCF and Dietary Intake

	INDICATOR		SCORE	YEAR	SUN COUNTRY MEDIAN
6.1	Exclusive breastfeeding (infants 0–5 mos)		67%	2014	42%
6.2	Early initiation of breastfeeding		65%	2014	52%
6.3	Minimum Acceptable Diet (children 6–23 mos)		11%	2014	12%
6.4	Minimum Diet Diversity (children 6–23 mos)		17%	2014	22%
6.5	Fruit and vegetable intake (g/day in adults)		119	2010	210
6.6	Sodium intake (g/day in adults)		2.7	2010	2.8
6.7	Urinary iodine concentration (median µg/l)		215	2002	161
6.8	Population consumption of fortified food		No data		N/A







Nutrition Status

	INDICATOR		SCORE	YEAR	SUN COUNTRY MEDIAN
7.1	Stunting (children U5)		33%	2014	32%
7.2	Low birthweight		11%	2009	13%
7.3	Overweight (children U5)		7.4%	2014	4%
7.4	Wasting (children U5)		3%	2014	7%
7.5	Anaemia among pregnant women		33%	2016	44%
7.6	Anaemia among non-pregnant women		27%	2016	37%
7.7	Low BMI (adult women)		4%	2016	9%
7.8	Overweight and obesity (adult women)		55%	2016	37%
7.9	Overweight and obesity (adolescent girls 10-19 years)		24%	2016	15%
7.10	Diabetes (adult women)		10%	2014	7.5%
7.11	Hypertension (adult women)		31%	2015	28%



SDGs linked to Nutrition

	INDICATOR		SCORE	YEAR	SUN COUNTRY MEDIAN
8.1	Population below the poverty line		60%	2010	34%
8.2	U5 Mortality Rate (per 1000 live births)		94	2016	61
8.3	NCD Mortality Rate (per 100,000 population)		686	2015	660
8.4	Early child development status (36-59 mos)		No data		62%
8.5	Annual GDP growth per capita		2.4%	2016	4%

Colour Classification Legends

TABLE 1 ENABLING ENVIRONMENT

	Green	Blue	Yellow	Red
1.1	Yes	Interim		No
1.2	4	3	2	1
1.2 A	5-6	3-4	1-2	0
1.2 B	5	3-4	1-2	0
1.2 C	5	3-4	1-2	0
1.3	≥70%	55-69%	40-54%	<40%
1.4	5-6	3-4	1-2	None
1.5	3	2	1	None
1.6	28-36	19-27	10-18	0-9
1.7	Top 30	31-60	61-90	91-126
1.8	Top 30	31-60	61-90	91-116
1.9	All 3	2	1	None

TABLE 2 FINANCE

	Green	Blue	Yellow	Red
2.1a	All 4	3 of 4	2 of 4	1 of 4
2.1b	≥\$8	\$5-7	\$1-4	<\$1
2.1c	>10%	5-10%	1-4%	<1%
2.2a	≥\$10	\$5-9	\$1-4	<\$1
2.2b	≥\$4	\$2-3.9	\$1-1.9	<\$1
2.2c	≥70%	50-69%	25-49%	<25%
2.3	≥1	0.5-0.9	0.2-0.5	0-0.1

TABLE 3 INTERVENTIONS AND FOOD SUPPLY

	Green	Blue	Yellow	Red
3.1	≥60%		40-59%	0-39%
3.2	≥75%	40-74%	10-39%	<10%
3.3	≥90%	80-89%	60-79%	<60%
3.4	≥50%	30-49%	15-29%	<15%
3.5	≥2	1-1.9	0.5-0.9	0.001-0.4
3.6	≥90%	75-89%	50-74%	<50%
3.7	≥20%	10-19%	5-9%	<5%
3.8	≥60%	40-59%	25-39%	<25%
3.9	≥55%	40-54%	20-39%	,20%
3.10	≥90%	80-89%	50-79%	<50%
3.11	≥65%	50-64%	35-49%	<35%
3.12	≥50%	40-50%	30-39%	<30%
3.13	≥400 g	250-399	100-249	<100%
3.14	Sustain 2+	Sustain 1	Improve	All build
3.15	≥50%		15-49%	<15%

TABLE 4 ENACTED LEGISLATIONS

	Green	Blue	Yellow	Red
4.1	Full	Many	Few	None
4.2	Yes	Partial		Not achieved
4.3	High	Med High	Medium	Med Low/Low
4.4	Fully achieved			Not achieved
4.5	≥1 staple food + salt + oil	≥1 staple food + salt/oil	≥1 food vehicle	None
4.6	3+ foods	2 foods	1 food	None

TABLE 5 SDG DRIVERS OF NUTRITION

	Green	Blue	Yellow	Red
5.1	0-11%	12-17%	18-24%	≥25%
5.2	≥85%	70-84%	55-69%	<55%
5.3	≥60%	35-39%	20-34%	<20%
5.4	<10	10-99	100-249	≥250
5.5	<10	10-99	100-999	≥1000
5.6	<44	44-99	100-149	≥150
5.7	<.25	0.25-0.49	0.50-1.9	≥2.0
5.8	<100	100-199	200-349	≥350
5.9	<10%	10-19%	20-29%	≥30%
5.10	<30%	30-49%	50-59%	≥60%
5.11	<20%	20-29%	30-39%	≥40%
5.12	≥65%	50-64%	30-49%	<30%
5.13	<75%	75-79%	80-84%	≥85%
5.14	≥1		<1%	<0
5.15	<40%	40-54%	55-69%	≥70%

TABLE 6 IYCF AND DIETARY INTAKE

	Green	Blue	Yellow	Red
6.1	≥50%	35-49%	15-34%	<15%
6.2	≥65%	50-64%	25-49%	<25%
6.3	≥40%	20-39%	10-19%	<10%
6.4	≥50%	25-49%	15-24%	<15%
6.5	≥400 g	200-399	100-199	<100
6.6	0-1.9 g	2.0-29	3.0-3.9	≥4.0
6.7	200-299 µg/L	100-199	≥300	0-99
6.8	High	Medium	Low	

TABLE 7 NUTRITIONAL STATUS

	Green	Blue	Yellow	Red
7.1	<20%	20-29%	30-39%	≥40%
7.2	<10%	10-14%	15-19%	≥20%
7.3	<4%	4-6%	7-9%	≥10%
7.4	<5%	5-9%	10-14%	≥15%
7.5	<20%	20-29%	30-39%	≥40%
7.6	<20%	20-29%	30-39%	≥40%
7.7	<5%	5-9%	10-14%	≥15%
7.8	<30%	30-34%	35-39%	≥40%
7.9	<10%	10-19%	20-34%	≥35%
7.10	<6.0%	6.0-7.4%	7.5-8.9%	≥9%
7.11	<20%	20-24%	25-29%	≥30%

TABLE 8 SDGS LINKED TO NUTRITION

	Green	Blue	Yellow	Red
8.1	<14%	15-34%	35-49%	≥50%
8.2	0-39	40-69	70-99	≥100
8.3	0-600	601-700	701-800	≥801
8.4	≥75%	65-74%	60-64%	<60%
8.5	≥7%	3.5-6.9%	0-3.4%	<0%

Note: The classification is based on performance relative to other SUN countries except when established cut-offs are available. The "green" colour indicates "good" performance, intervention coverage or nutrition status in relative terms. It does not represent that this target has been fully met.

A detailed description of the MEAL Framework of Results and Lists of Indicators, including definitions and data sources, is available at <http://scalingupnutrition.org/progress-impact/monitoring-evaluation-accountability-learning-meal/>

Updated March 2018

This work was supported by Nutrition International, formerly the Micronutrient Initiative (MI), under its UK Department for International Development-supported Technical Assistance for Nutrition project.

