

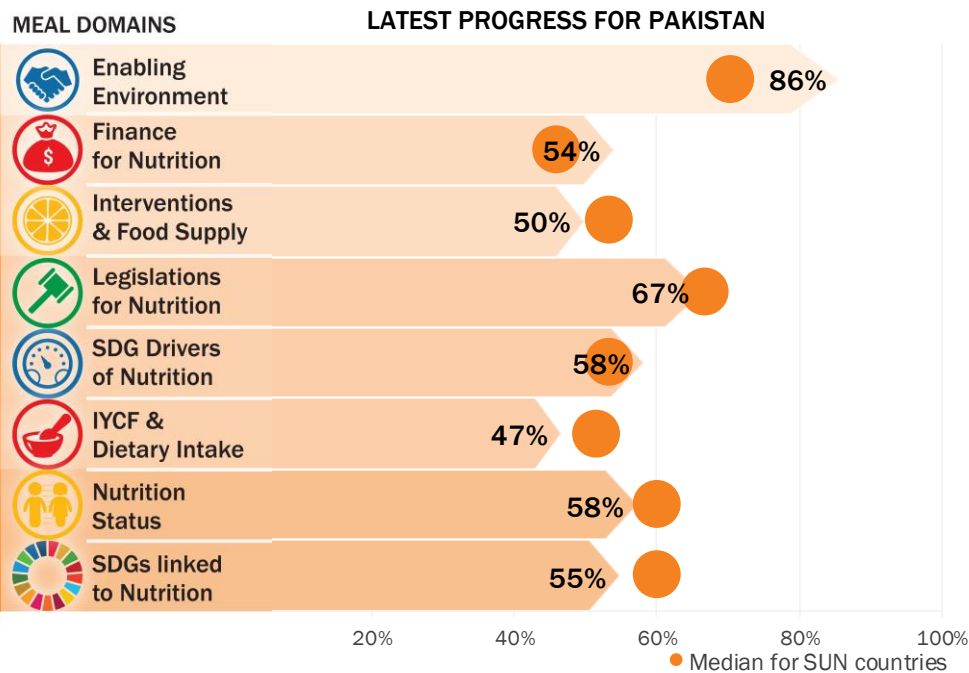


Pakistan

The Scaling Up Nutrition (SUN) Movement Monitoring, Evaluation, Accountability and Learning (MEAL) System was developed for the SUN Strategy 2016-2020. It identifies a wide range of desired results and associated indicators of progress across eight domains in which the SUN Movement seeks to catalyze change and deliver nutrition impact. These results correspond to the steps in the SUN Movement Theory of Change.

The Country Dashboard provides an overview of progress using a set of indicators aligned with globally agreed frameworks for nutrition and the SDG Framework. It is designed to support SUN Movement stakeholders at all levels to assess performance and inform strategic decisions towards ending all forms of malnutrition.

SUN MOVEMENT THEORY OF CHANGE



Pakistan

Joined the SUN Movement in 2013

Population 197,016,000
(UNPD 2017)

Income class Lower middle income
(World Bank 2018)

Humanitarian risk class High
(INFORM 2019)

Data for Pakistan are available for 78/85 (92%) MEAL indicators, with most covering the timeframe 2013-2018. Based on the data, Pakistan is progressing well with strong performance in several MEAL domains, including the enabling environment and legislation for nutrition. However, more could be done for scaling up high-impact nutrition interventions, including young child feeding practices, to address the high burden of undernutrition in children under five years and women. Improving food system and dietary intake indicators is also recommended to combat high levels of diet-related non-communicable diseases such as hypertension and diabetes.



Enabling Environment

As stakeholders from different sectors come together to build an enabling environment for improving nutrition, it results in a multi-stakeholder platform, functioning networks of nutrition actors, progress in the SUN Movement processes, integration of nutrition in development plans and improved nutrition information systems.

INDICATOR	SCORE	DATA SOURCE	SUN MEDIAN
<i>Bringing people together</i>			
1.1 Existence of a Multi-Stakeholder Platform (MSP)	Yes	JAA 2018	Yes
1.2 Number of networks (UN, business, donor, civil society)	4	JAA 2018	3
A) UN Network Functionality Index (out of 6)	5	UNN 2018	5
B) SUN Business Network Functionality Index (out of 5)	3.7	SBN 2018	0
C) SUN Civil Society Network Functionality Index (out of 6)	6	CSN 2018	4
1.3 Mobilization of High-level Advocates for Nutrition (# of types)	3	JAA 2018	2
<i>Changing behaviours and committing to common results</i>			
1.4 SUN Movement Processes Total Score	83%	JAA 2018	64%
Process 1) Bringing people together into a shared space for action	92%	JAA 2018	73%
Process 2) Ensuring a coherent policy and legal framework	82%	JAA 2018	65%
Process 3) Aligning actions around common results	83%	JAA 2018	64%
Process 4) Financing tracking and resource mobilisation	75%	JAA 2018	54%
1.5 WHA Targets included in National Nutrition Plans (out of 6)	5	PMNS 2018-2025	4
1.6 NCD Targets included in National Nutrition Plans (out of 4)	0	PMNS 2018-2025	0
1.7 Information Systems for Nutrition Index (out of 9)	7.4	SMS 2019	6.1
1.8 Integration of Undernutrition in National Development Policies, rank	33 of 56	Pakistan 2025	30
1.9 Integration of Overnutrition in National Development Policies, rank	32 of 38	Pakistan 2025	30



Finance for Nutrition

As multiple stakeholders mobilize resources, the results include increased spending for evidence-based high-impact nutrition actions from both national and external funding sources.

INDICATOR	SCORE	DATA SOURCE	SUN MEDIAN
2.1 National Budget Spending for Nutrition			
A) Budget Analysis Completeness (out of 4 key elements)	3	SMS 2015	3
B) Budget spending per child U5 for nutrition-specific interventions	\$2.85	SMS 2015	\$1.56
C) Percentage budgeted for nutrition-specific spending	3.0%	SMS 2015	1.2%
2.2 Donor Funding for Nutrition			
A) Donor spending on nutrition-specific interventions per stunted child U5	\$6.75	R4D 2015-2016	\$7.81
B) Donor spending on nutrition-specific interventions per child U5	\$2.54	R4D 2015-2016	\$2.45
2.3 Agriculture Orientation Index	0.05	FAO 2016	0.22



Interventions and Food Supply

As multiple stakeholders mobilize resources and align their actions, the results include increased coverage of nutrition actions, increased diversity and quality of food supply, and equitable geographic distribution of nationally agreed core actions and implementation capacity for nutrition.

INDICATOR	SCORE	DATA SOURCE	SUN MEDIAN
3.1 Baby-Friendly Hospital Initiative–certified Health Facilities	65%	WHO 2017	3%
3.2 Severe Acute Malnutrition Treatment (children 6-59 mos)	10%	UNICEF 2017	36%
3.3 Vitamin A Supplementation (children 6-59 mos)	92%	UNICEF 2017	62%
3.4 Antenatal Iron Supplementation (90+ tablets)	29%	DHS 2018	30%
3.5 Nutrition Professionals Density (per 100,000 population)	No data	WHO 2016-2017	0.8
3.6 Iodized Salt Availability	69%	UNICEF 2011	80%
3.7 ORS and Zinc Treatment for Diarrhea (children 0–5 yrs)	0.8%	UNICEF 2013	7%
3.8 Deworming Treatment (children 12–59 mos)	21%	UNICEF 2018	42%
3.9 Insecticide Treated Net Use (children 0–5 yrs)	0%	UNICEF 2007	45%
3.10 Vaccination Coverage (DTP3 in 1 yr olds)	75%	WHO 2017	86%
3.11 Family Planning Needs Met (modern method)	49%	UNPD 2018	50%
3.12 Non-staple Foods Availability (% of calories)	51%	FAO 2012	39%
3.13 Fruits & Vegetables Availability (grams per capita)	153	FAO 2013	276
3.14 Fortification Status of Food Vehicles	Improve salt/oil	GAIN 2016	N/A
3.15 Social Protection Programme Coverage	11%	World Bank 2013	13%
3.16 Government ministries involved in nutrition actions at national level	No data		N/A
3.17 Stakeholders involved in nutrition actions at subnational level	No data		N/A
3.18 High-impact nutrition-specific actions coverage at subnational level	No data		N/A



Enacted Legislations for Nutrition

Results achieved through better alignment include progress in the implementation and monitoring of legislations for nutrition.

INDICATOR	SCORE	DATA SOURCE	SUN MEDIAN
4.1 International Code of Marketing of Breastmilk Substitutes (level of implementation)	Full provisions	WHO 2018	Many
4.2 Maternity Protection Legislation	Partial	ILO 2013	Partial
4.3 Right to Food Legislation (level of constitutional recognition)	Moderate	FAO 2017	Moderate
4.4 Restrictions on Marketing of Food/Beverages to Children	Not achieved	WHO 2017	Not achieved
4.5 Mandatory Food Fortification Legislation	Oil	GFDx 2019	2 food vehicles
4.6 Fortification Standards	Salt, oil	GFDx 2019	2 food vehicles



SDG Drivers of Nutrition

Results achieved through aligned implementation also include changes in key drivers of nutrition, which are embedded in relevant sectors such as health, WASH, food systems, education, social protection and gender.

	INDICATOR		SCORE	DATA SOURCE	SUN MEDIAN
5.1	Diarrhoea in children U5		25%	DHS 2017	17%
5.2	Access to a basic drinking water service		89%	JMP 2015	68%
5.3	Access to a basic sanitation service		58%	JMP 2015	37%
5.4	Malaria incidence (per 1000 population)		5	WHO 2017	65
5.5	Measles cases reported (children U5)		3041	WHO 2018	317
5.6	Adolescent fertility (per 1000 women 15–19 years)		48	UNPD 2013	87
5.7	New HIV infections (per 1000 uninfected population)		0.10	UNAIDS 2017	0.44
5.8	Tuberculosis incidence (per 100,000 population)		267	WHO 2017	179
5.9	Undernourishment prevalence		21%	FAO 2016	20%
5.10	Severe food insecurity prevalence (adults)		No data	FAO 2016	25%
5.11	Early marriage (before age 18)		21%	UNICEF 2013	30%
5.12	Female secondary school enrollment (% gross)		41%	UNESCO 2017	47%
5.13	Violent discipline among children 2–14 years		No data	UNICEF	82%
5.14	Growth in household income (shared prosperity premium)		0.3%	WB 2007-13	0.6%
5.15	Urban population living in slums		46%	UN-HABITAT 2014	54%



IYCF and Dietary Intake











Aligned implementation achieves results including improved infant and young child feeding practices, as well as improved dietary intake among various population groups.

	INDICATOR		SCORE	DATA SOURCE	SUN MEDIAN
6.1	Exclusive breastfeeding (infants 0–5 mos)		38%	UNICEF 2013	44%
6.2	Early initiation of breastfeeding		18%	UNICEF 2013	52%
6.3	Minimum Acceptable Diet (children 6–23 mos)		15%	UNICEF 2013	13%
6.4	Minimum Diet Diversity (children 6–23 mos)		18%	UNICEF 2013	22%
6.5	Fruit and vegetable intake (g/day in adults)		100	GBD 2016	131
6.6	Sodium intake (g/day in adults)		5.3	GBD 2016	2.8
6.7	Urinary iodine concentration (median µg/l)		124	IGN 2011	161
6.8	Population consumption of fortified food		Oil/ghee 20-39%, wheat flour 1-10% (3 provinces)	GAIN 2018	N/A



Nutrition Status





The outcome of scaling up nutrition-specific and nutrition-sensitive actions is better nutrition for all – children, adolescents, women and men. Countries show progress towards achieving national nutrition targets, including WHA global nutrition and NCD diet-related targets.

	INDICATOR		SCORE	DATA SOURCE	SUN MEDIAN
7.1	Stunting (children U5)		38%	JME 2018	32%
7.2	Low birthweight		No data	UNICEF	No data
7.3	Overweight (children U5)		2.5%	JME 2018	3.5%
7.4	Wasting (children U5)		7%	JME 2018	7%
7.5	Anaemia among pregnant women		51%	WHO 2016	44%
7.6	Anaemia among non-pregnant women		52%	WHO 2016	37%
7.7	Low BMI (adult women)		14%	NCD-RisC 2016	9%
7.8	Overweight and obesity (adult women)		32%	NCD-RisC 2016	37%
7.9	Overweight and obesity (adolescent girls 10-19 years)		9%	NCD-RisC 2016	15%
7.10	Diabetes (adult women)		12.1%	NCD-RisC 2014	7.5%
7.11	Hypertension (adult women)		29%	NCD-RisC 2015	28%



SDGs linked to Nutrition

Better nutrition contributes to the achievement of SDGs, including reduced mortality, increased cognitive ability and school attainment, increased economic productivity and reduced extreme poverty.

	INDICATOR		SCORE	DATA SOURCE	SUN MEDIAN
8.1	Population below the poverty line		4%	World Bank 2015	28%
8.2	U5 Mortality Rate (per 1000 live births)		75	UNICEF 2017	57
8.3	NCD Mortality Rate (per 100,000 population)		713	WHO 2016	665
8.4	Early child development status (36–59 mos)		No data	UNICEF	63%
8.5	Annual GDP growth per capita		5.7%	World Bank 2017	4.2%

Colour Classification Legends

TABLE 1 ENABLING ENVIRONMENT

	Green	Blue	Yellow	Red
1.1	Yes	Interim		No
1.2	3-4	2	1	0
1.2 a-c	5-6	3-4	1-2	0
1.3	All 3	2	1	None
1.4 all	≥70%	55-69%	40-54%	<40%
1.5	5-6	3-4	1-2	None
1.6	3	2	1	None
1.7	7.5-9.0	6.0-7.4	4.5-5.9	0-4.4
1.8	Top 15	16-30	31-45	46-56
1.9	Top 14	15-29	30-37	38

TABLE 2 FINANCE FOR NUTRITION

	Green	Blue	Yellow	Red
2.1a	All 4	3 of 4	2 of 4	1 of 4
2.1b	≥\$8	\$5-7	\$1-4	<\$1
2.1c	>10%	5-10%	1-4%	<1%
2.2a	≥\$15	\$7.5-14	\$3.5-7.4	<\$3.50
2.2b	≥\$5	\$2.5-4.9	\$1-2.49	<\$1
2.3	≥1	0.5-0.9	0.2-0.5	0-0.1

TABLE 3 INTERVENTIONS & FOOD SUPPLY

	Green	Blue	Yellow	Red
3.1	≥60%	30-59%	5-29%	0-4%
3.2	≥75%	40-74%	10-39%	<10%
3.3	≥90%	80-89%	60-79%	<60%
3.4	≥50%	30-49%	15-29%	<15%
3.5	≥2.0	0.8-1.9	0.2-0.7	<0.2
3.6	≥90%	75-89%	50-74%	<50%
3.7	≥20%	10-19%	5-9%	<5%
3.8	≥60%	40-59%	25-39%	<25%
3.9	≥55%	40-54%	20-39%	<20%
3.10	≥90%	80-89%	50-79%	<50%
3.11	≥65%	50-64%	35-49%	<35%
3.12	≥50%	40-50%	30-39%	<30%
3.13	≥400 g	250-399	100-249	<100%
3.14	Sustain 2+	Sustain 1	Improve	All build
3.15	≥60%	40-59%	15-39%	<15%
3.16	TBD			
3.17	TBD			
3.18	TBD			

TABLE 4 ENACTED LEGISLATIONS FOR NUTRITION

	Green	Blue	Yellow	Red
4.1	Full	Many	Few	None
4.2	Yes	Partial		Not achieved
4.3	Strong	Moderate	Weak	None
4.4	Fully achieved			Not achieved
4.5	≥1 staple food + salt + oil	≥1 staple food + salt/oil	≥1 food vehicle	None
4.6	3+ foods	2 foods	1 food	None

TABLE 5 SDG DRIVERS OF NUTRITION

	Green	Blue	Yellow	Red
5.1	0-11%	12-17%	18-24%	≥25%
5.2	≥85%	70-84%	55-69%	<55%
5.3	≥60%	35-59%	20-34%	<20%
5.4	<10	10-99	100-249	≥250
5.5	<10	10-99	100-999	≥1000
5.6	<44	44-99	100-149	≥150
5.7	<.25	0.25-0.49	0.50-1.9	≥2.0
5.8	<100	100-199	200-349	≥350
5.9	<10%	10-19%	20-29%	≥30%
5.10	<10%	10-24%	25-49%	≥50%
5.11	<20%	20-29%	30-39%	≥40%
5.12	≥65%	50-64%	30-49%	<30%
5.13	<75%	75-79%	80-84%	≥85%
5.14	≥1		<1%	<0
5.15	<40%	40-54%	55-69%	≥70%

TABLE 6 IYCF AND DIETARY INTAKE

	Green	Blue	Yellow	Red
6.1	≥50%	35-49%	15-34%	<15%
6.2	≥65%	50-64%	25-49%	<25%
6.3	≥40%	20-39%	10-19%	<10%
6.4	≥50%	25-49%	15-24%	<15%
6.5	≥400	200-399	100-199	<100 g
6.6	0-1.9	2.0-29	3.0-3.9	≥4.0 g
6.7	200-299	100-199	≥300	0-99 µg/L
6.8	≥70%	50-69%	10-49%	<10%

TABLE 7 NUTRITION STATUS

	Green	Blue	Yellow	Red
7.1	<20%	20-29%	30-39%	≥40%
7.2	<10%	10-14%	15-19%	≥20%
7.3	<4%	4-6%	7-9%	≥10%
7.4	<5%	5-9%	10-14%	≥15%
7.5	<20%	20-29%	30-39%	≥40%
7.6	<20%	20-29%	30-39%	≥40%
7.7	<5%	5-9%	10-14%	≥15%
7.8	<30%	30-34%	35-39%	≥40%
7.9	<10%	10-14%	15-19%	≥20%
7.10	<6.0%	6.0-7.4%	7.5-8.9%	≥9%
7.11	<20%	20-24%	25-29%	≥30%

TABLE 8 SDGS LINKED TO NUTRITION

	Green	Blue	Yellow	Red
8.1	<15%	15-34%	35-49%	≥50%
8.2	0-39	40-69	70-99	≥100
8.3	0-600	601-700	701-800	≥801
8.4	≥75%	65-74%	60-64%	<60%
8.5	≥7%	3.5-6.9%	0-3.4%	<0%

Note: The classification is based on performance relative to other SUN countries except when established cut-offs are available. The "green" colour indicates "good" performance, intervention coverage or nutrition status in relative terms. It does not represent that this target has been fully met.

A detailed description of the MEAL Framework of Results and Lists of Indicators, including definitions and data sources, is available at <http://bit.ly/sunmeal>

Updated April 2019

This work was supported by Nutrition International, formerly the Micronutrient Initiative (MI), under the Technical Assistance for Nutrition (TAN) project, funded with UK aid from the UK government.